



DWIGHT MISSION

Presbyterian Camp, Conference & Retreat Center
RR 2 Box 71, Vian OK 74962
phone/fax: 918-775-2018

2008 Ozark Adventure Camp Information

Dear Ozark Adventure Camper (and Parents, too),

Greetings from Dwight Mission and congratulations on your excellent choice in camps—the Ozark Adventure Camps have become favorites for many campers! We are putting together a program designed to provide campers and staff alike with a meaningful and exciting Christian experience. In the process of making new friends while exploring new areas and talents, we hope you will be challenged to grow in your relationship with Jesus Christ.

The adventure camps are different than a regular week at camp and I am sure that you and your parents have many questions about your experience. We have listed below some information, including a packing list, that you will need to be prepared for your camp. If you have other questions or concerns, please feel free to contact us by e-mail at elizabeth@dwightmission.org or allison@dwightmission.org by phone at (918) 775-2018.

In Christ,

Allison Beavers
Executive Director

Elizabeth Sharp
Program Director

How do we get to Dwight Mission?

From the West Travel Interstate 40 East; exit I-40 at Dwight Mission Road (Exit #303 between Vian and Sallisaw). Turn north (left) on Dwight Mission Road. At first stop sign, continue north 5 miles to next stop sign. Turn east (right) and travel 2 miles to next stop sign. At stop sign, turn north (left) and follow road 1 mile to Dwight Mission; entrance is on the east (right) side of road.

From the East Travel Interstate 40 West; exit I-40 at the first Sallisaw exit (Exit #311). Travel 1.9 miles to traffic light. At light, turn north (right) onto Highway 59. Travel north on Highway 59 for 3.2 miles. At the sign for the Highway 101 junction, turn west (left). Travel 1.3 miles to stop sign, continue west (straight). Travel 2.9 miles west until road turns north (right). Follow the road north for 3.1 miles to Dwight Mission; entrance is on the east (right) side of road.

When should I arrive at camp?

Registration opens **Sunday** at 3:00 p.m. on the opening day. We will receive campers from 3:00 to 4:00 p.m. Please do

not arrive before this time—the staff will be busy preparing for your arrival. We strongly discourage latecomers; our programs begin immediately and you may feel disadvantaged.

When does camp end? On the last day of camp, **Saturday**, we will have a slideshow and closing celebration at 9:00 a.m. to which parents are warmly invited. Camp ends at 10:00 a.m. on that last day. It is important that campers not be left waiting. Late arrival of parents or other rides home may fuel fears of having been forgotten, or the possible occurrence of an accident. Additionally, your camper will be excited to see you and eager to share all that has happened over the week. The staff thanks you in advance for arriving for your camper's slideshow and closing celebration at 9:00 a.m. and being present for the closing of camp at 10:00 a.m.

If I drive myself, what do I do with my car all week? Participants who drive their own vehicles to Dwight will park their vehicles in the designated parking area and turn in their keys to the program

director during the registration process. The keys will be locked in a safe place during the week and returned to the proper owners on Saturday morning. Participants will not be allowed to drive their vehicles off the property during the week. Any participant who leaves the property without permission will be asked to leave and his/her parents will be contacted.

What will the campers do during the week? The first day will be spent at Dwight participating in the Dwight Mission Challenge Course, orienting to adventure travel and packing gear for the week. The group will then travel by van to Arkansas and spend the week camping out, canoeing, backpacking, caving, rock climbing and rappelling in some of the most scenic parts of the Ozarks. The last night will be spent back at Dwight. As with all Dwight Mission programs, campers will also spend the week exploring their faith.

How do I inform the camp of any health issues I might have? The camp staff is very interested in your welfare. Thorough completion of the medical form will help us to see to it that you have a happy and safe experience. All medication is to be given to the camp medical staff on arrival along with a completed Camp Medication Form. Do not send prescription medication unless it has been prescribed for the youth attending camp and is in the original container.

Am I insured while at Dwight

Mission? We provide limited "secondary coverage" for "bodily injury" caused by an accident to any camper. Our payment will be excess of the amount due from any other insurance. We will not pay the amount due from that other insurance. Coverage is not provided for sickness or illness. We do not provide primary medical insurance coverage.

How can I enrich my youth's experience? Parents' attitudes have a lot to do with creating a positive camping experience for their youth. We strongly encourage discussion before and after the camp session. Even the most well-intentioned parent can help create separation anxiety before the camper ever gets to camp by discussing homesickness and how much the youth will be missed while at camp. When your son or daughter returns from camp, be sure to listen to "camp news" with interest and encourage elaboration. Search for improvements in behavior and attitudes, new talents or interests, and a new awareness of Christian life. You have the wonderful opportunity of nurturing the "seeds" that have been planted.

How and what do we need to pack?

This is a travel camp! Try to pack your clothes and other gear into one easily transportable soft bag (duffel bag). If you

pack in your own backpack, please bring another small bag. During the canoeing, most of our gear will stay with the van and we will carry only what we need. For canoeing, a swimsuit, shirt, shorts and some type of river (wet) shoes are just fine. During the caving, long sleeves and pants are a must and you are likely to get quite dirty, wet, and cold so make sure you bring some old clothes. We will be in the caves for about 3-4 hours at a time. The temperature will be in the 50's and most likely wet, so we recommend some polypropylene underwear and winter socks in the cave. There is no need for nice clothes or lots of extra stuff. Pack like-items together in small stuff sacks, heavy-duty trash bags or large ziplock freezer bags to make them easy to find and repack for the different parts of the trip.

OAC PACKING CHECKLIST

- Camp Health Form WITHOUT FAIL** (if not already received by Dwight Mission) If you bring any type of medication, the Medication Form must be completed and signed (we will carry a first aid kit with basic over-the-counter medications). *Medication must be in the original package with participants name & instructions.*
- Assumption of Risk Form WITHOUT FAIL.**
- Comfortable clothes (i.e. 2-3 shorts, 5-6 T-shirts, underwear, socks and something to sleep in).
- Caving Clothes - Rugged close-toed shoes or boots, Polypropylene (Long Underwear)and/or tough long pants, long sleeve shirt and winter socks (these will get wet, gritty, grimy, and dirty, and the caves average about 50-60 degrees)
- 3 Flashlights with extra batteries for caving (Headlamps are best for general use and for caving. Two AA batteries will last about 1-1 1/2 hours in a small flashlight. We may be caving for 8-10 hours and everyone must carry 1 primary and 2 backup light sources.)
- At least one long sleeve shirt or a light jacket (not caving clothes, nights can dip into the 60's)
- Soap, toiletries, personal items (If you wear contacts or glasses, please bring an extra pair just in case.)
- Sleeping bag (Wrap it in 2 heavy duty trash bags and seal with a reusable twist-tie.)
- A pair of river shoes or river sandals that can get wet! (Sandals must strap to foot, no slip-ons. Also remember to tan your feet early or plan to wear socks or lots of waterproof sunscreen. Sunburned feet are terribly painful!!)
- One pair of comfortable shoes or sandals to keep dry and wear around the campsite or on short hikes.
- Swimming gear and several extra towels.
- Backpack – (Book bag type to carry water, lunch and flashlights for day trips).
- Insect repellent (deep woods type)
- Sports type sunscreen and lip protection with SPF of at least 15
- Cap or hat (something with a visor or a fedora)
- At least 6 extra heavy-duty trash bags for packing if its wet, Or packing inside so it won't get wet.
- Please bring about \$10-\$15 for snacks or drinks when we stop for gas.

DON'T BRING ANYTHING THAT ABSOLUTELY CAN'T GET WET!